Question	Purpose - what they're looking for	How to answer / Info. to include
Tell me about yourself	This is an ice breaker question, use it to relax and let the interviewers know a little about you personally. Always try to get a reference to relevant skills in though	 Don't waffle – this will be asked at most interviews so you can always practice at home. Outline the skills and personal qualities that are relevant to the job. Use this familiar topic to bed into the interview and relax.
Tell me about a time when	These are designed so you have to give an example of when you have demonstrated a skill. Use a real situation and outline what you did and the skills required.	 Give specific examples Use STAR : Situation; Task; Action; Result (See Below) Remember to use "I" Expect there to be follow up questions
What are your weaknesses?	Honesty and realism – but with a positive spin. Prepare an answer and choose one that is either unrelated to the role, or one you are already positively addressing.	 Point out a couple of areas where you may need training or development should you get the job Alternatively, highlight a weakness you are already working on and what you've achieved so far Never say 'I don't have any'
Why do you want to work for us?	They are looking for proof that you have thought about the role and the company	 Some positives about the organisation – show them you've done your homework Talk positively about what you think you can bring to the organisation/role and what you're hoping you'll get from it
What do you think you'll find most difficult/ challenging about this role?	How closely you think your skills/experience match the role	 Areas you feel match your skills/experience Challenges/new things you're looking forward to and what you'll do to get to grips with them quickly
S.T.A.R Smart Swhourne & East Herts	Situation Task Action Result	 SITUATION: Choose a real situation and something where you can demonstrate an individual role. TASK: Describe the task, project, interaction clearly and your role in it. ACTION: What did YOU do to resolve the situation, what skills were required. RESULT: After the action had been taken what was the result, benefit, resolution to the situation